# **Fulton State Hospital**

News for and about happenings at FSH

**ISSUE 04 FALL 2010** 





A group of 40+ individuals gathered on Friday, November 19<sup>th</sup> at Westminster University to brainstorm and put ideas to paper about goals for the future of Fulton State Hospital. Those in attendance were: Cathy Bruns, Jill Mireles, Russ DeTrempe, Jeff Stone, Michelle Lechner, Sharon Britten, Carol Butcher, Bonnie Martin, Eva See, Robin Pendleton, Kevin Bryant, Sandra Dreyer, Stanley (Lance) Brown, Bethany Weger, Rob Stone, Scott Lincoln, Wayne Galbreath, Amanda Meyer, Katy Ezell, Tara Sheets, Andy Atkinson, Judy Stiefvater, Jane W. Smith, Kerry Washington, Mike Mossman, Bob Ellingsworth, Susie Kemp, Peggy Reed-Lohmeyer, Tony Menditto, Marc Maddox, Karen Souza, Ken Lyle, Lori Hollinger, Bruce Harry, Mark Sooter, Sherry Lee, Rhonda Overkamp and Marty Martin-Forman.



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# MU Basketball Tickets!!!!!

Fulton State Hospital has received a donation of 2 Men's MU Basketball tickets.

Any staff member who works on Thanksgiving Day is invited to participate in a drawing for the two tickets and parking pass!!!

Stop by Marty Martin-Forman's office in the Administration Building and sign up. If you work more than one shift on November 25<sup>th</sup>, you will be eligible for two chances to win. Drawing will be held at noon on November 30<sup>th</sup> and notified immediately.

Administration wishes to thank everyone who works on Thanksgiving Day!!!

### Goals.... (Cont)

Special guest speaker, Mark Stringer, Acting CPS Director, gave a brief presentation on the Department of Mental Health's Strategic Plan and commended Fulton State Hospital with, "doing more with less". After a brief question and answer session with Mark, the individual groups reviewed the current Strategic plan of Fulton State Hospital and were put to the task of listing issues that were important. Marty gave each group approximately an hour to compile a list of issues and why they were important. After the ideas were listed, the groups were asked to prioritize each item on their list and then vote for the most important issue. During a working lunch, a video addressing trauma and recovery was viewed and then discussed.

After much discussion, the list was then pared down to 12 ideas. Each group was given two ideas to discuss, prepare an issue statement, desired outcome and finally their strategies to implement. Delegates from each team were chosen to meet with Marty and discuss each group's recommendations. After this meeting has occurred, a follow up meeting for the entire group will be held in January.

The entire group felt much headway was made in voicing overall concerns which affect all aspects of how Fulton State Hospital conducts day-to-day operations and the goals for the future.



# Pillows of Unrest on Display!

The much acclaimed "Pillows of Unrest" project is now being displayed in the main hallway of the Administration Building. If you are coming to the Administration Building, please make sure to take a look at the powerful messages these pillow cases convey.

# Plans underway for next client project......

Plans are getting underway for the next project our clients will be involved with. "If you could see inside of me", a tee shirt art project is being explored. The program focus, much like the pillow cases is aimed at educating the public and helping to reduce the stigma associated with mental illness.

Watch for more information about both of these projects.



### Changes still underway......

Many changes are still taking place at Fulton State Hospital.

On October 14<sup>th</sup>, H02 in the Hearnes Minimum Security unit closed, and on November 1<sup>st</sup> SORTS-Fulton accepted its first transfers from Farmington. The number of clients transferred from Farmington is currently 18 and we expect an additional 24 transfers over the next couple of weeks. The transition has gone smoothly for these clients and they are settling into their new surroundings.

Inpatient Redesign – Plans are underway to submit to Office of Administration the number of positions that will need to be decreased at the hospital. These numbers are scheduled to be submitted sometime in January. It is the hope of Administration to begin meetings in mid-February to early March with those staff members the reductions will affect to advise them of their choices.

Temporary staff and PRN personnel are still continuing to be utilized to help in the reduction of comp time. Guhleman staff continues to offer assistance with the shortage of staff in Hearnes.

# RUMOR HOTLINE AT FSH......

Do you think you have heard something that may or may not be correct, or do you just have a general question about all the changes? Then call the RUMOR HOTLINE AT 573-592-2328 or e-mail Rickie Gohring at

#### rickie.gohring@dmh.mo.gov.

You may call anonymously by calling after hours or on weekends to leave your question. All questions will be answered to the best of our ability.

# Quote of the day.....

Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning.

Albert Einstein



### **Upcoming Events**

#### **Town Hall Meetings**

More town hall meetings are being scheduled to discuss the changes that are occurring at Fulton State Hospital and any new developments. Watch for the schedule in the FORUM or through a hospital-wide e-mail.

#### **ERC Family Holiday Celebration**

The Fulton State Hospital Employee Recognition Committee will host its annual holiday celebration beginning at 1:00 on Friday, December 3<sup>rd</sup> in the main canteen of the Administration Building and running until 5:00 pm. There will be finger foods, door prizes, face painting, bingo and a 50/50 drawing. Bring the kids and kick off your holiday season!

WATCH FOR MORE INFORMATION ABOUT UPCOMING EVENTS.....

#### FULTON STATE HOSPITAL

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